ADULTS OVER 70 ARE THE FABRIC OF THEIR COMMUNITIES

CAREGIVING

132,200 adults over 70 provided help and care for their spouses, relatives (apart from grandchildren), friends and neighbours

131,700 parents over 70 take care of their grandchildren

FINANCIAL ASSISTANCE

128,600 parents over 70 provide financial assistance to their children

800 adults over 70 provide financial assistance to their parents

ENGAGING IN THE COMMUNITY

206,800 volunteered in the last year

75,200 volunteer every week

330,400 enjoy regular social and leisure activities

SOCIAL INTEGRATION

1,200 adults over 70 were in contact with their own parents several times each week

117,600 adults over 70 had four or more regular contacts

For more information please visit www.tilda.ie

Source: http://www.doi.org/10.38018/TildaRe.2020-01