

The Irish Longitudinal Study on Ageing

## ADULTS OVER 70 ARE THE FABRIC OF THEIR COMMUNITIES



#### **CAREGIVING**



## 132,200

adults over 70 provided help and care for their spouses, relatives (apart from grandchildren), friends and neighbours



## 131,700

parents over 70 take care of their grandchildren

#### FINANCIAL ASSISTANCE



## 128.600

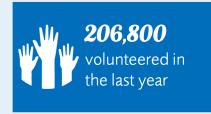
parents over 70 provide financial assistance to their children



### 800

adults over 70 provide financial assistance to their parents

#### ENGAGING IN THE COMMUNITY







## 330,400

enjoy regular social and leisure activities

#### SOCIAL INTEGRATION

1,200

adults over 70 were in contact with their own parents several times each week

117,600

adults over 70 had four or more regular contacts

# For more information please visit www.tilda.ie





**An Roinn Sláinte**Department of Health









