PHYSICAL FRAILTY IN ADULTS OVER 70 IN IRELAND

POPULATION PREVALENCE OF FRAILTY

80,600 ADULTS OVER 70 ARE LIVING WITH FRAILTY

44,000 WOMEN
36,600 MEN

12,200 ADULTS OVER 70 ARE LIVING ALONE WITH FRAILTY

ADULTS OVER 70 LIVING WITH FRAILTY BY COUNTY

HIGHEST PREVALENCE

DUBLIN 4.2%
CORK 3.2%
LIMERICK 1.2%
WEXFORD 0.9%

LOWEST PREVALENCE

ROSCOMMON/DONEGAL 0.2%
LONGFORD <0.2%
OFFALY <0.1%
CARLOW <0.1%

LIVING WITH FRAILTY BY ACCESS TO COMMUNITY SUPPORT SERVICES

- NO FORMAL OR INFORMAL CARE 44,500
- PUBLIC HOME HELP 9,600
- PUBLIC PERSONAL CARE ATTENDANT 8,200
- PRIVATE HOME HELP/PERSONAL CARE ATTENDANT 7,600
- PUBLIC MEALS ON WHEELS 4,300
- HOME CARE PACKAGE 3,600

TILDA sampling frame does not include dementia or nursing home participants at baseline; these figures may underestimate informal care and formal community supports.

For more information please visit www.tilda.ie

Source: The Irish Longitudinal Study on Ageing 2020