PHYSICAL FRAILTY IN ADULTS OVER 55 IN IRELAND

POPULATION PREVALENCE OF FRAILTY

126,100 ADULTS OVER 55 ARE LIVING WITH FRAILTY

70,900 WOMEN VS 55,200 MEN

17,600 ADULTS OVER 55 ARE LIVING ALONE WITH FRAILTY

ADULTS OVER 55 LIVING WITH FRAILTY BY COUNTY

HIGHEST PREVALENCE

DUBLIN 2.4%
CORK 1.7%
LIMERICK 0.9%
WEXFORD 0.5%

LOWEST PREVALENCE

ROSCOMMON <0.2%
SLIGO <0.1%
OFFALY <0.1%
CARLOW <0.1%

LIVING WITH FRAILTY BY ACCESS TO COMMUNITY SUPPORT SERVICES

- NO FORMAL OR INFORMAL CARE 72,100
- PUBLIC HOME HELP 12,500
- PUBLIC PERSONAL CARE ATTENDANT 10,800
- PRIVATE HOME HELP/PERSONAL CARE ATTENDANT 10,500
- PUBLIC MEALS ON WHEELS 5,400
- HOME CARE PACKAGE 5,000

TILDA sampling frame does not include dementia or nursing home participants at baseline; these figures may underestimate informal care and formal community supports.

For more information please visit www.tilda.ie

Source: The Irish Longitudinal Study on Ageing 2020

Supported by: An Roinn Sláinte Department of Health, HSB Health Research Board, Science Foundation Ireland, The Atlantic Philanthropies, Irish Life