

# PHYSICAL FRAILTY IN ADULTS OVER 55 IN IRELAND

Study on Ageing

#### POPULATION PREVALENCE OF FRAILTY

126,100 ADULTS OVER 55 ARE LIVING WITH FRAILTY

VS

70,900 WOMEN

**55,200** MEN



**17,600** ADULTS OVER 55 ARE LIVING ALONE WITH FRAILTY



#### **ADULTS OVER 55 LIVING WITH FRAILTY BY COUNTY**

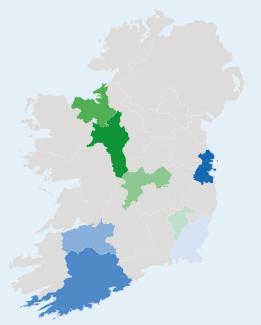
HIGHEST PREVALENCE

DUBLIN 2.4%

CORK 1.7%

LIMERICK 0.9%

WEXFORD 0.5%



#### LOWEST PREVALENCE

ROSCOMMON <0.2%

SLIGO

<0.1%

**OFFALY** 

<0.1%

CARLOW

<0.1%

### LIVING WITH FRAILTY BY ACCESS TO COMMUNITY SUPPORT SERVICES'

**ADULTS OVER 55** 

O NO FORMAL OR INFORMAL CARE	72,100
O PUBLIC HOME HELP	12,500
O PUBLIC PERSONAL CARE ATTENDANT	10,800
O PRIVATE HOME HELP/PERSONAL CARE ATTENDANT	10,500
O PUBLIC MEALS ON WHEELS	5,400
O HOME CARE PACKAGE	5,000

TILDA sampling frame does not include dementia or nursing home participants at baseline, these figures may underestimate informal care and formal community supports

## For more information please visit www.tilda.ie





**An Roinn Sláinte** Department of Health







