The Irish Longitudinal Study on Ageing

Derived Variables Codebook

Wave 2

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This codebook contains information on additional variables included in the TILDA Wave 2 dataset. Notes on how the variable was derived are included where necessary.

A list of the original variables used for derivation are included. Please note that not all original variables are included in released versions of the datasets.

Where possible, details of any original documentation relating to scale scoring or information are included.

For any further enquires on variables not listed here, please refer to the TILDA release guide available on the TILDA website www.tilda.ie.
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Classifiers

**edu_level**
Description: Highest education level completed by the respondent.

1. Some primary (not complete)
2. Primary or equivalent
3. Intermediate/junior/group certificate or equivalent
4. Leaving cert or equivalent
5. Diploma
6. Primary degree
7. Postgraduate/higher degree
96. None

Variables used:

dm001, dm001a, dm025
**SES Section**  
Socio-economic status variables

All social class and socio-economic group variables are coded as per the CSO’s social coding scheme. The social class categories are as follows:

1. Professional Workers
2. Managerial and Technical
3. Non-manual
4. Skilled Manual
5. Semi-Skilled
6. Unskilled
-9. Unknown/Refused/Never worked

**W2socialclass**  
Description: Respondent’s social class.

Variables used:
we001, we007, we103, we218, we613

For more information on how social class has been determined by the CSO, please refer to [http://www.cso.ie/en/media/csoie/census/documents/pser_appendix2.pdf](http://www.cso.ie/en/media/csoie/census/documents/pser_appendix2.pdf)

**Financial**  
Derived variables from financial questions

**INCASSassets**  
Description: Value of gross assets

Variables used:
as101, as118, as103, as104, as106, as109, as121, as120, as112, as113, as116, hw105, hw113, hw109

**INCASSnetassets**  
Description: Value of net assets

Variables used:
as101, as118, as103, as104, as106, as109, as121, as120, as112, as113, as116, hw105, hw113, hw109
INCASSassets5
Description: Value of gross assets in quintiles

Variables used:
as101, as118, as103, as104, as106, as109, as121, as120, as112, as113, as116, hw105, hw113, hw109

INCASSnetassets5
Description: Value of net assets in quintiles

Variables used:
as101, as118, as103, as104, as106, as109, as121, as120, as112, as113, as116, hw105, hw113, hw109

INCTotalhousehold_loop
Description: household income is based on a loop: the respondent is asked to estimate the income of each household member aged 16+, including himself/herself. Total household income is the sum of the income of each household member aged 16+. It is an estimation of NET income = after tax and deductions

Variables used:
si409_i, si412_i

Emp3
Description: Respondent’s employment status.

Variables used:
we001

Functional Limitations
Activities of Daily Living

ADL_num
Description: Indicator variable for number of ADLs.

Notes: *This variable is not comparable with TILDA Wave 1.*

ADLs included:
- Dressing
• Walking across a room
• Bathing or showering
• Eating, such as cutting up your food
• Getting in our out of bed
• Using the toilet, including getting up or down

0 = None
1 = Single ADL
2 = Multiple ADLs (2+)

Variables used:
fl002_01 - fl002_06

**IADL_num**
Description: Indicator variable for number of IADLs.

IADLs included:
• Preparing a hot meal
• Doing household chores
• Shopping for groceries
• Making telephone calls
• Taking medications
• Managing money, such as paying bills and keeping track of expenses

0 = None
1 = Single IADL
2 = Multiple IADLs (2+)

Variables used:
fl025_01 - fl025_06

**ADL_reported**
Description: Indicator variable for respondents who have reported any ADL.

Notes: *This variable is not comparable with TILDA Wave 1.*

Response options:
0 = No
1 = Yes

Variables used:
**ADL_helper**
Description: Indicator variable for respondents report having help for their ADL(s).

Notes: *This variable is not comparable with TILDA Wave 1.*

Response options:

0 = No
1 = Yes

Variables used:
fl005, fl008, fl011, fl013, fl016, fl019

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**IADL_reported**
Description: Indicator variable for respondents who have reported any IADLs.

Response options:

0 = No
1 = Yes

Variables used:
fl025_01 - fl025_06

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**IADL_helper**
Description: Indicator variable for respondents report having help for their IADL(s).

Response options:

0 = No
1 = Yes

Variables used:
fl026, fl029, fl030, fl031
adla
Description: Reports number of ADLs from list of 5.

ADLs included:
- Difficulty bathing or showering
- Dressing
- Eating, such as cutting up your food
- Getting in or out of bed
- Walking across a room.

0 = None
1 = Single ADL
2 = 2-3 ADLs
4 = 4+ ADLs

Variables used:
fl002_01 - fl002_05
**adlwa**
Description: Number of Wallace and Herzog proposed ADLs: 0-3.

ADLs included:
- Difficulty bathing or showering
- Dressing
- Eating, such as cutting up your food

0 = None
1 = Single ADL
2 = 2-3 ADLs
4 = 4+ ADLs

Notes:

Variables used:
fl002_01, fl002_03, fl002_04

**iadla**
Description: Reports number of IADLs from list of 3.

IADLs included:
- Making telephone calls
- Taking medications
- Managing money, such as paying bills and keeping track of expenses

Variables used:
fl025_04 – fl025_06
iadlza
Description: Reports number of IADLs from list of 5.

IADLs included:
- Preparing a hot meal
- Shopping for groceries
- Making telephone calls
- Taking medications
- Managing money, such as paying bills and keeping track of expenses

Variables used:
fl025_01, fl025_03, fl025_04, fl025_05, fl025_06

mobilb
Description: ADL & IADL mobility index: 0-4.

Limitations included:
- Walking 100 meters (100 yards)
- Walking across a room
- Climbing several flights of stairs
- Climbing one flight of stairs without resting

Variables used:
fl001_01, fl001_05, fl001_06, fl002_02

lgmusa
Description: ADL & IADL large muscle index: 0-4.

Limitations included:
- Sitting for about two hours
- Getting up from a chair after sitting for long periods
- Stooping, kneeling or crouching
- Pulling or pushing large objects like a living room chair

Variables used:
fl001_03, fl001_04, fl001_07, fl001_09
**grossa**
Description: ADL & IADL gross motor index: 0-5.

Limitations included:
- Walking 100 meters
- Walking across a room
- Climbing one flight of stairs without resting for long periods
- Getting in or out of bed
- Bathing or showering

Variables used:
fl001_01, fl001_06, fl002_02, fl002_05, fl002_03

**finea**
Description: ADL & IADL fine motor: 0-3.

Limitations included:
- Picking up a small coin from a table
- Eating, such as cutting up your food
- Dressing

Variables used:
fl001_11, fl002_01, fl002_04

**DISimpairements**
Description: Number of physical limitations

Variables used:
fl001_01 – fl001_11

**DISadl**
Description: Number of ADL impairments

Variables Used:
fl002_01 - fl002_06
**DISiadl**
Description: Number of ADL impairments

Variables Used:
fl025_01 - fl025_06

**DISdisab3**
Description: Indicator variable for respondents with ADL or IADL disabilities

Variables Used:
fl001_01 – fl001_11, fl002_01 - fl002_06, fl025_01 - fl025_06

**DISdisab4**
Description: Indicator variable for whether the respondent has either only an ADL, an IADL or both and IADL and ADL disability.

Response options:
0 = Not disabled
1 = IADL disability only
2 = ADL disability only
3 = IADL and ADL disability

Variables used:
DISiadl, DISadl

**DISlongterm**
Description: Indicator for respondents with long term illness

Response Options
1 = No longer term illness
2 = Long term illness
3 = Limiting long term illness
Variables Used:

ph003

**DISvision**
Description: Respondent’s self-rated vision

Response Options:
1 = Excellent
2 = Very Good
3 = Good
4 = Fair
5 = Poor

Variables Used:

ph102

**DIShearing**
Description: Respondent’s self-rated hearing

Response Options:
1 = Excellent
2 = Very Good
3 = Good
4 = Fair
5 = Poor

Variables Used:

ph108

**DISconverse1**
Description: Difficulty following a conversation with 1 person

Response Options
1 = None
2 = Some
3 = Much/Impossible

Variables Used:
ph109

**DISconverse4**
Description: Difficulty following a conversation with 4 people
Response Options
1 = None
2 = Some
3 = Much/Impossible

Variables Used:
ph110

**DIStaste**
Description: Respondent’s self-rated sense of taste.
Response Options:
1 = Excellent
2 = Very Good
3 = Good
4 = Fair
5 = Poor or Registered Blind

Variables Used:
ph113

**DISsmell**
Description: Respondent’s self-rated sense of smell.
Response Options:
1 = Excellent
2 = Very Good
3 = Good
4 = Fair
5 = Poor or Registered Blind

Variables Used:

ph112

**DIShelpwithadliadl**
Description: Whether participant receives any help with an ADL or IADL.
Notes: Don’t know/Refused set to missing.
0 = Does not receive help with an ADL or IADL
1 = Receives help with ADL or IADL

Variables used:

fl005 fl008 fl011 fl013 fl016 fl019 fl026 fl029 fl030 fl031
Health
Physical and Mental Health

**SR_Height_Centimetres**
Description: derived score of total height in centimetres.

Variables used:
Ph722, ph723, ph724

**SR_Weight_Kilogrammes**
Description: derived score of total weight in kilogrammes.

Variables used:
Ph719, ph720, ph721

**COGimmediatedrecall1**
Description: Results of the first immediate recall question combining those answering from lists read out by the interviewer and a list read out from a computer.

Variables used:
ph117, ph119

**COGimmediatedrecall2**
Description: Results of the second immediate recall question combining those answering from lists read out by the interviewer and a list read out from a computer.

Variables used:
ph118, ph120

**COGdelayedrecall**
Description: Score for delayed recall test

Variables used:
ph712
**COGmmse**
Description: Total scoring of the Mini Mental State Examination.

Notes: The MMSE was only asked in the health assessment in Wave 1 of TILDA. It is included in the CAPI for Wave 2 and 3.

The total MMSE score was calculated by summing the item scores across all 11 tasks, taking the higher score of either the WORLD or Serial 7’s (maximum 30 points).


A full comprehensive explanation of the MMSE scoring and tasks are included in the TILDA Release Notes.

Variables used:
ph121, ph122, ph123, ph124, ph126, ph127, ph128, ph129, ph130, ph131, ph132, ph133, ph134, ph135, ph136, ph13, ph138, ph139, ph140,

**COGanimal_naming**
Description: Number of animals named in one minute

Notes: Respondents are asked to name as many animals as they can in 1 minute

Variables used: ph125

**COGprosmem1**
Description: Result of prospective memory test 1 – record time

Response Options
0 = fail
1 = pass

Variables used:
Ph715

**COGprosmem2**
Description: Result of prospective memory test 2 – write initials

Response Options
0 = fail
1 = pass
Variables used:

ph419

MHcesd_capi
Description: Overall result of the CES-D scale.

Notes: CES-D is set as missing if any scale question has a missing response.

Response options for scale questions (mh001-mh020):

1 = Rarely or none of the time (less than 1 day)
2 = Some or a little of the time (1-2 days)
3 = Occasionally or a moderate amount of time (3–4 days)
4 = All of the time (5-7 days)

Scoring is as follows –

mh001, mh002, mh003, mh005, mh006, mh007, mh009, mh010, mh011, mh013, mh014, mh015, mh017, mh018, mh019, mh020:

The scale adds the value of the participant’s response minus 1.
E.G. For response “Some of a little of the time”, a 1 would be added to the scale result (2 – 1 = 1).

mh004, mh008, mh012, mh016:

The scale adds 4 minus the value of the participant’s response
E.G. For response “Some or a little of the time”, a 2 would be added to the scale result (4 – 2 = 2)

Variables used:

mh001 - mh020

Further information:

MHcasp19_total
Description: Overall result including all domains of the CASP-19 scale.

Notes: SCQ only. CASP scale is set as missing if any question has a missing response.

Response Options:
1 = Often
2 = Not often
3 = Sometimes
4 = Never

Scoring is as follows –
SCQCASP1, 2, 4, 6, 8 and 9 are reverse scored.

SCQCASP1, SCQCASP2, SCQCASP4, SCQCASP6, SCQCASP8, SCQCASP9:
The scale adds the value of the participant’s response minus 1.
E.G. For question SCQCASP1, with the response “Not Often”, a 1 would be added to the scale result (2 – 1 = 1).

SCQCASP3, SCQCASP5, SCQCASP7, SCQCASP10, SCQCASP11, SCQCASP12, SCQCASP13, SCQCASP14, SCQCASP15, SCQCASP16, SCQCASP17, SCQCASP18, SCQCASP19:
The scale adds 4 minus the value of the participant's response
E.G. For question SCQCASP3, with the response “Not often”, a 2 would be added to the scale result (4 – 2 = 2)

Variables used:
SCQCASP1 – SCQCASP19

Further information:
**MHcasp19_control**

Description: Result of the control domain of the CASP-19 scale.

Notes: SCQ only

Response Options:

1 = Often  
2 = Not often  
3 = Sometimes  
4 = Never

The control domain includes the CASP1 – CASP4 items.
SCQCASP1, 2 and 4, are reverse scored.

Variables used:

SCQCASP1 – SCQCASP4

For more details on scoring, please refer to [MHcasp19_total](#)

**MHcasp19_autonomy**

Description: Result of the autonomy domain of the CASP-19 scale.

Notes: SCQ only

Response Options:

1 = Often  
2 = Not often  
3 = Sometimes  
4 = Never

The control domain includes the CASP5 – CASP9 items.
SCQCASP6, 8 and 9, are reverse scored.

Variables used:

SCQCASP5 – SCQCASP9

For more details on scoring, please refer to [MHcasp19_total](#)
**MHcasp19_pleasure**  
Description: Result of the pleasure domain of the CASP-19 scale.  
Notes: SCQ only

Response Options:  
1 = Often  
2 = Not often  
3 = Sometimes  
4 = Never

The control domain includes the CASP10 – CASP14 items.

Variables used:  
SCQCASP10 – SCQCASP14  
For more details on scoring, please refer to [MHcasp19_total](#)

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**MHcasp19_selfreal**  
Description: Result of the self-realisation domain of the CASP-19 scale.  
Notes: SCQ only

Response Options:  
1 = Often  
2 = Not often  
3 = Sometimes  
4 = Never

The control domain includes the CASP15 – CASP19 items.

Variables used:  
SCQCASP15 – SCQCASP19  
For more details on scoring, please refer to [MHcasp19_total](#)
**MHpennworry**
Description: Overall result of the Penn State Worry scale.

Notes: SCQ only. Result is set to missing if any scale items have a missing response.

Response Options:
1 = Not at all typical
2 = In between
3 = Somewhat typical
4 = In between
5 = Very typical

Scoring:
The scale score is the result of all items added together. Each item is worth the value of their response option number.

Variables used:
SCQWORRY1 – SCQWORRY8

Further information:
**MHucla_loneliness**

Description: Overall result of the UCLA Loneliness scale.

Notes: SCQ only. Result is set to missing if any scale items have a missing response.

Response Options:
1 = Often
2 = Some of the time
3 = Hardly ever or never

Scoring:
Scoring is as follows –

SCQLoneLns1, 2, 3, 5:
The scale adds 3 minus the value of the participant’s response.
E.G. For response “Often”, a 2 would be added to the scale result (3 – 1 = 2).

SCQLoneLns4:
The scale adds value of the participant’s response minus 1
E.G. For response “Some of the time”, a 1 would be added to the scale result (2 – 1 = 1)

Variables used:
SCQLonels1 – SCQLonels5

Further information:
**MHcapi_loneliness**
Description: Frequency of loneliness taken from the CAPI questionnaire.
Notes: Don’t know/Refused set to missing. Cloned variable of mh014.
1 = Rare of never
2 = Some of the time
3 = Moderate amount of the time
4 = All of the time

Variables used:
mh014

**MHHadsa_capi**
Description: Overall result of the HADs anxiety scale.
Notes: HADs scale is set as missing if any question has missing response.

Scoring is as follows –

mh204, mh205:
The scale adds the value of the participant’s response minus 1.
E.G. For question mh204, with the response “Usually”, a 1 would be added to the scale result (2 – 1 = 1).

mh201, mh202, mh203, mh206, mh207:
The scale adds 4 minus the value of the participant’s response
E.G. For question mh201, with the response “A lot of the time”, a 2 would be added to the scale result (4 – 2 = 2)

Variables used:
mh201 – mh207

Further information:
**mmsescr_capi**
Description: Total scoring of the Mini Mental State Examination.

Notes: The MMSE was only asked in the health assessment in Wave 1 of TILDA. It is included in the CAPI for Wave 2.

The total MMSE score was calculated by summing the item scores across all 11 tasks, taking the higher score of either the WORLD or Serial 7’s (maximum 30 points).


A full comprehensive explanation of the MMSE scoring and tasks are included in the TILDA Release Notes.

Variables used:

ph121, ph126, ph122, ph123, ph127, ph128, ph129, ph130, ph131, ph132, ph133, ph134, ph135, ph136, ph137, ph138, ph139, ph140, ph141, ph146

**MHcidi_anxiety**
Description: Indicates whether respondent fulfils the DSM criteria for general anxiety disorder based on an episode lasting 6 months or longer.

Notes: Uses the Composite International Diagnostic Interview – Short Form (CIDI).


DSM-IV criteria code: 300.02 - Generalized anxiety disorder

Criteria is met if participant has had –

Period of worry lasting at least 5 months (mh301, mh302, mh304m, mh304y, mh305m, mh305y, mh304, mh305)

Severe worry (mh306, mh307, mh308, mh310)

Difficult to control worry (mh309, mh311, mh312)

Additional miscellaneous anxiety symptoms (mh314 – mh320)

Response options:

0 = No

1 = Yes

Variables used:

mh301, mh302, mh304m, mh304y, mh305m, mh305y, mh304, mh305, mh306, mh307, mh308, mh309, mh310, mh311, mh312, mh314, mh315, mh316, mh317, mh318, mh319, mh320
**MHcidi_depression**
Description: Indicates whether respondent has had a major depressive episode in the past 12 months.

Notes: Uses the Composite International Diagnostic Interview – Short Form (CIDI).

For more information on the CIDI please refer to http://onlinelibrary.wiley.com/doi/10.1002/mpr.47/epdf

DSM-IV criteria code: 300.4 Dysthymic disorder

There are two cases where participants are categorised as having a major depressive episode.

Participants who meet the criteria; has felt depressed or lost interest in most activities at least almost every day for at least most of the day in the past 12 months (mh101, mh102, mh103) are asked a number of additional depression symptoms (mh104, mh105, mh108, mh110, mh112, mh113). Those who meet the initial criteria and at have 3 or more of the additional symptoms are coded as having had a major depressive episode.

Participants who meet the criteria; lost interest in most activities almost every day at least most of the day for two weeks or more in a row in the past 12 months (mh120, mh121, mh122) are asked a number of additional depression related symptoms (mh123, mh126, mh128, mh129, mh130, mh131). Those who meet the initial criteria and at have 3 or more of the additional symptoms are coded as having had a major depressive episode.

Response options:

0 = No  
1 = Yes

Variables used:

mh101, h102, mh103, mh120, mh121, mh122, mh104, mh105, mh108, mh110, mh112, mh113, mh123, mh126, mh128, mh129, mh130, mh131

**hu009_yn**
Description: Indicator variable for whether respondent has had a substantial procedure or test during an out-patient visit

Notes: Only asked of respondents who have indicated that they have had an out-patient visit in the last year.

Response options:

0 = No  
1 = Yes
Variables used:
hu009

**PSSscore**

Description: Overall result including all domains of the Perceived Stress Scale (4 items) 4-item. Scores range from 0 to 16, higher score indicates greater stress.

Notes: SCQ only. CASP scale is set as missing if any question has a missing response.

Response Options:
1 = Hardly ever
2 = Almost never
3 = Sometimes
4 = Fairly often
5 = Very often

Scoring is as follows –
SCQPPS2, 3 are reverse scored.

Variables used:
SCQPPS1, SCQPPS2, SCQPPS3, SCQPPS4

Further information:

**CHRany_pain**

Description: Indicates whether participant has any chronic pain

Note: includes proxy respondents

Response options:
0 = No pain
1 = Pain
Variables used:
Ph501

**CHRpain_severity**
Description: Indicates how severe participant’s chronic pain is
Note: includes proxy respondents
Response options:

1 = Mild
2 = Moderate
3 = Severe
4 = Unknown

Variables used:
Ph502

**CHRpainlimits**
Description: Indicates whether the participants chronic pain limits their activities
Note: Excludes proxy respondents
Response options:

0 = No
1 = Yes

Variables used:
Ph504

**CHRany_incontinence**
Description: Indicates whether participant has had any urinary incontinence in last 12 months
Note: includes proxy respondents
Response options:

0 = No
1 = Yes

Variables used:
Ph601

**CHRincontinence_freq**
Description: Indicates the frequency of incidents of urinary incontinence
Note: includes proxy respondents

Response options:

0 = No incontinence
1 = Less than or equal to once a month
2 = More than once in a month
3 = Unknown

Variables used:
Ph602

**CHRincontinencelimits**
Description: Indicates whether urinary incontinence limits the participants activities
Note: includes proxy respondents

Response options:

0=No
1= Yes

Variables used:
Ph604
**MDmeds**
Description: Number of reported medications (including supplements)

Variables used:
md001medcode_1 - md001medcode_20  
md001medname_1 – md001medname_20

**MDmeds4**
Description: Number of reported medications (including supplements)

Variables used:
md001medcode_1 - md001medcode_20  
md001medname_1 – md001medname_20

**MDmeds_excl_supps**
Description: Number of regular medications (excluding supplements)

Variables used:
md001medcode_1 - md001medcode_20  
md001medname_1 – md001medname_20

**MDmeds4_excl_supps**
Description: Number of regular medications (excluding supplements)

Variables used:
md001medcode_1 - md001medcode_20  
md001medname_1 – md001medname_20

**MDsupplements**
Description: Number of reported supplements

Variables used:
md001medcode_1 - md001medcode_20
MDpolypharmacy
Description: Indicator variable for respondents who report more than five medications.

Response options:
0 = No
1 = Yes

Variables used:
md001medcode_1 - md001medcode_20
md001medname_1 – md001medname_20

MDpoly_excl_supps
Description: Indicator variable for respondents who report more than five medications (excluding supplements)

Response options:
0 = No
1 = Yes

Variables used:
md001medcode_1 - md001medcode_20
md001medname_1 – md001medname_20

MDpoly_extreme
Description: Indicator variable for respondents who report more than ten medications (including supplements)

Response options:
0 = No
1 = Yes

Variables used:
md001medcode_1 - md001medcode_20
md001medname_1 – md001medname_20
**MDpoly_extreme_ex_supps**
Description: Indicator variable for respondents who report more than ten medications (excluding supplements)

Response options:

0 = No
1 = Yes

Variables used:
md001medcode_1 - md001medcode_20
md001medname_1 – md001medname_20

**MDantidepressant**
Description: Indicator variable for respondents who report at least one anti-depressant

Response options:

0 = No
1 = Yes

Variables used:
md001medcode_1 - md001medcode_20
md001medname_1 – md001medname_20

**MDantihypertensives**
Description: Indicator variable for respondents who report at least one anti-hypertensive

Response options:

0 = No
1 = Yes

Variables used:
md001medcode_1 - md001medcode_20
md001medname_1 – md001medname_20
**MDantihypertensives2**
Description: Indicator variable for respondents who report at least one anti-hypertensive

Response options:

0 = No  
1 = Yes

Variables used:

md001medcode_1 - md001medcode_20  
md001medname_1 – md001medname_20

**MDbenzodiazepine**
Description: Indicator of respondents who take benzodiazepines

ATC codes: N05BA N05CD N03AE

0 = No  
1 = Yes

Variables used:

md001a_1 - md001a_20  
md001b_1 – md001b_20

**MDzed**
Description: Indicator of respondents who take Z-drugs

ATC codes: N05CF

0 = No  
1 = Yes

Variables used:

md001a_1 - md001a_20  
md001b_1 – md001b_20

**MDanticholinergic**
Description: Indicator of respondents who take anticholinergic medications. Calculated using the ACB scale, only includes medicines with ACB score of 3.
ATC codes: A03AA07 A03AB05 A03BA01 A03BA03 A03BB01 G04BD02 G04BD04 G04BD05 G04BD06 G04BD07 G04BD08 G04BD09 G04BD10 G04BD11 M03BA03 M03BC01 N04AA01 N04AA02 N04AA04 N04AB02 N04AC01 N05AA01 N05AA03 N05AB03 N05AB06 N05AC02 N05AH03 N05AH04 N05BB01 N05CM05 N06AA N06AB05 R06AA02 R06AA04 R06AA08 R06AA09 R06AA52 R06AB01 R06AB04 R06AD02 R06AE05

Also includes N02BE51 if drugname is UNIFLU

0 = No
1 = Yes

Variables used:
md001a_1 - md001a_20
md001b_1 – md001b_20

**MDanticholinergic_antidepressant**
Description: Indicator of respondents who take anticholinergic antidepressant medications. Calculated using the ACB scale, only includes medicines with ACB score of 3.
ATC codes: N06AA N06AB05

0 = No
1 = Yes

Variables used:
md001a_1 - md001a_20
md001b_1 – md001b_20

**MDanticholinergic_urological**
Description: Indicator of respondents who take anticholinergic urological medications. Calculated using the ACB scale, only includes medicines with ACB score of 3.
ATC codes: G04BD02 G04BD04 G04BD05 G04BD06 G04BD07 G04BD08 G04BD09 G04BD10 G04BD

110 = No
1 = Yes

Variables used:
md001a_1 - md001a_20
md001b_1 – md001b_20
**MDace_bbb**
Description: Indicator of respondents who take a BBB crossing ACE inhibitor
Response options:
0 = No
1 = Yes

Variables used:
MDmeds, MDatc1-DMatc20

**MDace_nonbbb**
Description: Indicator of respondents who take a non-BBB crossing ACE inhibitor
Response options:
0 = No
1 = Yes

Variables used:
MDmeds, MDatc1-DMatc20

**MDarb_bbb**
Description: Indicator of respondents who take a BBB crossing ARB
Response options:
0 = No
1 = Yes

Variables used:
MDmeds, MDatc1-DMatc20
**MDarb_nonbbb**
Description: Indicator of respondents who take a non-BBB crossing ARB
Response options:
0 = No
1 = Yes

Variables used:
MDmeds, MDatc1-DMatc20

**MDarb_undbbb**
Description: Indicator of respondents who take an undetermined ARB
Response options:
0 = No
1 = Yes

Variables used:
MDmeds, MDatc1-DMatc20

**MDccb_bbb**
Description: Indicator of respondents who take a BBB crossing Calcium channel blocker
Response options:
0 = No
1 = Yes

Variables used:
MDmeds, MDatc1-DMatc20
**MDccb_nonbbb**
Description: Indicator of respondents who take a non-BBB crossing Calcium channel blocker
Response options:
0 = No
1 = Yes

Variables used:
MDmeds, MDatc1-DMatc20

**MDantihypertensivesC08CEG**
Description: Indicator of respondents who take an antihypertensive from ATC C08C, C08E, or C0
**MDppi**
Description: Taking any Proton pump inhibitor
Response options:
0 = No
1 = Yes

Variables used:
MDmeds, MDatc1-DMatc20
**MDhypoglyc**
Description: Taking any Blood glucose lowering drug, excl. insulins
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
0 = No
1 = Yes
Variables used:
MDatc1-DMatc20

**MDinsulin**
Description: Taking any Insulins and analogues
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
0 = No
1 = Yes
Variables used:
MDatc1-DMatc20

**MDglycosides**
Description: Taking any Cardiac glycosides
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
0 = No
1 = Yes
Variables used:
MDatc1-DMatc20
**Mdantiarrhythmics**  
Description: Taking any Antiarrhythmics, class I and III  
Notes: derived variables for the consortium for prediction model of drug-related falls  
Response options:  
0 = No  
1 = Yes  

Variables used:  
MDatc1-DMatc20

**MDvasodil**  
Description: Taking any Vasodilators used in cardiac diseases  
Notes: derived variables for the consortium for prediction model of drug-related falls  
Response options:  
0 = No  
1 = Yes  

Variables used:  
MDatc1-DMatc20

**MDantiadren**  
Description: Taking any Antiadrenergic agents, antihypertensives  
Notes: derived variables for the consortium for prediction model of drug-related falls  
Response options:  
0 = No  
1 = Yes  

Variables used:  
MDatc1-DMatc20
**MDdiur**
Description: Taking any Diuretic use
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
0 = No
1 = Yes

Variables used:
MDatc1-DMatc20

**MDlc_diur**
Description: Taking any Low-ceiling diuretics
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
0 = No
1 = Yes

Variables used:
MDatc1-DMatc20

**MDhc_diur**
Description: Taking any High-ceiling diuretics
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
0 = No
1 = Yes

Variables used:
MDatc1-DMatc20
**MDnons_betab**
Description: Taking any Non-selective beta-blocker use
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
0 = No
1 = Yes

Variables used:
MDatc1-DMatc20

**MDs_betab**
Description: Taking any Selective beta blocker use
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
0 = No
1 = Yes

Variables used:
MDatc1-DMatc20

**MDccb**
Description: Taking any Calcium channel blockers
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
0 = No
1 = Yes

Variables used:
MDatc1-DMatc20
**MDace**
Description: Taking any ACE inhibitors
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
0 = No
1 = Yes

Variables used:
MDatc1-DMatc20

**MDarb**
Description: Taking any Angiotensin II Antagonist
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
0 = No
1 = Yes

Variables used:
MDatc1-DMatc20

**MDstatin**
Description: Taking any Statins
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
0 = No
1 = Yes

Variables used:
MDatc1-DMatc20
**MDincont**
Description: Taking any Drugs for urinary frequency and incontinence
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
0 = No
1 = Yes

Variables used:
MDatc1-DMatc20

**MDalpha_bph**
Description: Taking any Alpha-adrenoreceptor antagonist used in benign prostatic hypertrophy
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
0 = No
1 = Yes

Variables used:
MDatc1-DMatc20

**MDnsaid**
Description: Taking any NSAID
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
0 = No
1 = Yes

Variables used:
MDatc1-DMatc20
**MDopioid**
Description: Taking any Opioids
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
0 = No
1 = Yes

Variables used:
MDatc1-DMatc20

**MDantiepileptic**
Description: Taking any Antiepileptics
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
0 = No
1 = Yes

Variables used:
MDatc1-DMatc20

**MDantipark**
Description: Taking any Anti-parkinson drugs
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
0 = No
1 = Yes

Variables used:
MDatc1-DMatc20
**MDantipsych**  
Description: Taking any Antipsychotics  
Notes: derived variables for the consortium for prediction model of drug-related falls  
Response options:  
0 = No  
1 = Yes  

Variables used:  
MDatc1-DMatc20

**MDnons_mari**  
Description: Taking any Non-selective monoamine reuptake inhibitors  
Notes: derived variables for the consortium for prediction model of drug-related falls  
Response options:  
0 = No  
1 = Yes  

Variables used:  
MDatc1-DMatc20

**MDssri**  
Description: Taking any SSRIs  
Notes: derived variables for the consortium for prediction model of drug-related falls  
Response options:  
0 = No  
1 = Yes  

Variables used:  
MDatc1-DMatc20
**MDotherantidep**
Description: Taking any Other Antidepressant
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
0 = No
1 = Yes

Variables used:
MDatc1-DMatc20

**MDantihist**
Description: Taking any Antihistamines
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
0 = No
1 = Yes

Variables used:
MDatc1-DMatc20

**medcard**
Description: Indicates whether respondent has a medical card.

Response options:
0 = No
1 = Yes

Variables used:
hu001
**health_ins**
Description: Indicates whether respondent has health insurance.

Response options:

0 = No
1 = Yes

Variables used:

hu002

**ph726_08_to_11**
Description: Indicates whether respondent’s family has had any history of cancer.

Notes: Family includes primary or first-degree relatives.

Cancers included:
Breast cancer
Ovarian cancer
Prostate cancer
Colon Cancer

Response options:

0 = No
1 = Yes

Variables used:

ph726_08, ph726_09, ph726_10, ph726_11

**smokcurr**
Description: Indicates whether respondent is a current smoker or not.

Notes: Include all respondents who smoked in the past three months. Those who responded no in previous interviews are asked again and included if they now smoke.

Response options:

0 = No
1 = Yes

Variables used:
bh001, bh002, bh002a, bh002b

**BEHcage**  
Description: CAGE alcohol scale score

Variables Used:  
SCQCAGE1, SCQCAGE2, SCQCAGE3, SCQCAGE4

**BEHcage2**  
Description: Indicator variable for respondents with an alcohol problem  
Response options:  
0 = No  
1 = Yes

Variables Used:  
SCQCAGE1, SCQCAGE2, SCQCAGE3, SCQCAGE4

**ICD Codes**  
Incident cases of new diseases in Wave 2

TILDA Wave 2 uses the WHO International Statistical Classification of Diseases and Related Health Problems 10th Revision (ICD-10) to code incident cases of new conditions.  
These variables apply only to new cases of conditions from Wave 1 to Wave 2. Any respondent with a condition is grouped into their relevant ICD code.  
For more information on these and a full breakdown of all conditions included, please refer to [http://www.who.int/classifications/icd/en/](http://www.who.int/classifications/icd/en/)

**ICD10_01**  
Description: Certain infectious and parasitic diseases

Response options:  
0 = No  
1 = Yes

Variables used:
ICD10_02
Description: Neoplasms

Response options:

0 = No
1 = Yes

Variables used:

ph301_05
**ICD10_03**  
Description: Diseases of the blood  
Response options:  
0 = No  
1 = Yes  
Variables used:  
N/A

**ICD10_04**  
Description: Endocrine, nutritional and metabolic diseases  
Response options:  
0 = No  
1 = Yes  
Variables used:  
ph201_05, ph201_08, ph301_15a

**ICD10_05**  
Description: Mental and behaviour disorders  
Response options:  
0 = No  
1 = Yes  
Variables used:  
ph301_07, ph301_08, ph301_08a, ph301_09, ph301_10, ph301_11
ICD10_06
Description: Diseases of the nervous system

Response options:

0 = No
1 = Yes

Variables used:
ph201_07, ph301_06

ICD10_07
Description: Diseases of the eye and adnexa

Response options:

0 = No
1 = Yes

Variables used:
ph105_01 - ph105_95

ICD10_08
Description: Diseases of the ear and mastoid process

Response options:

0 = No
1 = Yes

Variables used:
N/A
ICD10_09
Description: Diseases of the circulatory system

Response options:
0 = No
1 = Yes

Variables used:
ph201_01, ph201_02, ph201_03, ph201_04, ph201_06, ph201_09, ph201_10, ph201_11, ph201_95, ph301_13

ICD10_10
Description: Diseases of the respiratory system

Response options:
0 = No
1 = Yes

Variables used:
ph301_01, ph301_02

ICD10_11
Description: Diseases of the digestive system

Response options:
0 = No
1 = Yes

Variables used:
ph301_12, ph301_14
ICD10_12
Description: Diseases of the skin and subcutaneous tissue

Response options:
0 = No
1 = Yes

Variables used:
N/A

ICD10_13
Description: Diseases of the musculoskeletal system and connective tissue

Response options:
0 = No
1 = Yes

Variables used:
ph301_03, ph301_04

ICD10_14
Description: Diseases of the genitourinary system

Response options:
0 = No
1 = Yes

Variables used:
N/A
ICD10_15
Description: Conditions originating in the perinatal period

Response options:
0 = No
1 = Yes

Variables used:
N/A

ICD10_16
Description: Congenital malformations, deformations and chromosomal abnormalities

Response options:
0 = No
1 = Yes

Variables used:
N/A

SCR section
Screening tests

SCRflu
Description: Indicator of whether respondent has ever had a flu vaccination.
Notes: Recode of ph701
0 = No
1 = Yes

Variables used:
Ph701
**SCRchol**
Description: Indicator of whether respondent has ever had a cholesterol test.
Notes: Recode of ph702
0 = No
1 = Yes

Variables used:
Ph702

**SCRprostate**
Description: Indicator of whether respondent has ever had prostate cancer.
Notes: Recode of ph711 and ph710. Respondents who have had either had a prostate screen test for cancer or a PSA blood test are included.
0 = No
1 = Yes

Variables used:
Ph710, ph711

**SCRbreastlumps**
Description: Indicator of whether respondent checks their breasts regularly for lumps
Notes: Recode of ph708
0 = No
1 = Yes

Variables used:
Ph708

**SCRmammogram**
Description: Indicator of whether respondent has ever had a mammogram.
Notes: Recode of ph709.
0 = No
1 = Yes
Variables used:

Ph709
**IPAQ**
Derived results from the IPAQ questionnaire

**minswalking**
Description: Number of minutes spent walking by respondent over past 7 days
Notes: Respondents are asked to record hours and minutes of time spent walking in the last 7 days. Hours are multiplied by 60 to generate overall minute count.
Includes any walking from place to place that lasted for 10 minutes or more.

Variables used:
bh106, bh106a

**minsmoderate**
Description: Number of minutes spent doing moderate physical activities by respondent in past 7 days
Notes: Respondents are asked to record hours and minutes of time spent doing moderate physical activities in the last 7 days. Hours are multiplied by 60 to generate overall minute count.
Moderate activity examples are carrying light loads, bicycling at a regular pace. Walking is not included

Variables used:
bh104, bh104a

**minsvigorous**
Description: Number of minutes spent doing vigorous physical activities by respondent in past 7 days
Notes: Respondents are asked to record hours and minutes of time spent doing vigorous physical activities in the last 7 days. Hours are multiplied by 60 to generate overall minute count.
Physical activity examples are heavy lifting, digging, aerobics or fast bicycling. Includes any vigorous activity that lasted for 10 minutes or more.

Variables used:
bh102, bh102a
walkingmet
Description: Met minutes spent walking by respondent over past 7 days

Notes: Amount of time walking (bh106, bh106a) is calculated by multiplying by the combined hours and minutes by the number of days the respondent has spent on these activities for at least 10 minutes at a time (bh105). This result is multiplied by 3.3.

Variables used:
bh105, bh106, bh106a

moderatemet
Description: Met minutes spent doing moderate physical activities by respondent in past 7 days

Notes: Amount of time spent on moderate activities (bh104, bh104a) is calculated by multiplying by the combined hours and minutes by the number of days the respondent has spent on these activities for at least 10 minutes at a time (bh103). This result is multiplied by 4.0.

Variables used:
bh103, bh104, bh104a

vigorousmet
Description: Met minutes spent doing vigorous physical activities by respondent in past 7 days

Notes: Amount of time spent on vigorous activities (bh102, bh102a) is calculated by multiplying by the combined hours and minutes by the number of days the respondent has spent on these activities for at least 10 minutes at a time (bh101). This result is multiplied by 8.0.

Variables used:
bh101, bh102, bh102a

IPAQmetminutes
Description: Total met (metabolic equivalent) minutes spent on vigorous activities, moderate activities and walking by the respondent in the past 7 days.

Notes: Respondent is asked how many hours and minutes per day they spend on these activities. Max minutes are set to 180.

Variables used:
bh101, bh102, bh102a, bh103 bh104, bh104a, bh105, bh106, bh106a

Further information:
http://www.institutferran.org/documentos/scoring_short_ipaq_april04.pdf
**IPAQexercise3**
Description: Categories of how much physical activity the respondent has engaged in.

Categories –
0 = Low
1 = Moderate
2 = High

Notes: Respondent is asked how many hours and minutes per day they spend on these activities. Max minutes are set to 180.

Scores are categorised as follows:

*Moderate activity:*
- Respondents who have spent 3 or more days doing 20 minutes of vigorous activity.
- Respondents who have spent 30 minutes or more walking and in moderate exercise for at least 5 days.
- Respondents who have 5 or more days of any activity totalling more than 600 met minutes.

*High Activity:*
- Respondents who have spent 3 or more days on vigorous activity totalling 1500 or more met minutes.
- Respondents who have spent 7 or more days on all activities totalling more than 3000 met minutes.

*Low activity:*
- Respondents who have answered the questions but do not meet the criteria for either the moderate or high activity categories.

Variables used:
bh101, bh102, bh102a, bh103 bh104, bh104a, bh105, bh106, bh106a
Employment
Employment Status and Pensions

**retired**
Description: Indicates whether respondent is retired.

Response options:

0 = No
1 = Yes

Variables used:
we001

**employ**
Description: Indicates whether respondent is employed or self-employed.

Response options:

0 = No
1 = Yes

Variables used:
we001

**pension_payIn**
Description: Indicates whether respondent pays into any occupational, PRSA or private pensions.

Notes: Only includes respondents who are not retired.

Response options:

0 = No
1 = Yes

Variables used:
we001, wr002, we301, wr401
**pension_receive**
Description: Indicates whether respondent receives any pension payments – occupational, spousal, PSRA or private pension.

Response options:

0 = No
1 = Yes

Variables used:

si101, si201
**Imputed Assets and Income**

Imputed data from the Gateway to Global Aging Data repository

**G2Gh2atoth**

Description: Net value of house/primary residence.

Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Variables used:

hw108, hw108a, hw113

**G2Gh2aftoth**

Description: Imputation flag for net value of house/primary residence

Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Response options:

1 = Continuous value
2 = Closed range bracket
3 = Open range bracket
5 = No value/bracket
6 = No income
7 = Don’t know

Variables used:

hw108, hw108a, hw113
**G2Gh2atotf**  
Description: Non-housing financial wealth.  
Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging  
([www.g2aging.org/](http://www.g2aging.org/))  
Variables used:  
as103, as104, as101, as118, as116

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**G2Gh2aftotf**  
Description: Imputation flag for non-housing financial wealth.  
Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging  
([www.g2aging.org/](http://www.g2aging.org/))  
Response options:  
1 = Continuous value  
2 = Closed range bracket  
3 = Open range bracket  
5 = No value/bracket  
6 = No income  
7 = Don’t know  
Variables used:  
as103, as104, as101, as118, as116
**G2Gh2atotb**
Description: Total all assets including second home.
Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Variables used:
- as111, as120, as108, as103, as104, as101, as118, as112, as113, as116, wr311, wr412, hw108, hw108a, hw113

**G2Gh2aftotb**
Description: Imputation flag for total all assets including second home.
Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Response options:
- 1 = Continuous value
- 2 = Closed range bracket
- 3 = Open range bracket
- 5 = No value/bracket
- 6 = No income
- 7 = Don’t know

Variables used:
- as111, as120, as108, as103, as104, as101, as118, as112, as113, as116, wr311, wr412, hw108, hw108a, hw113
**G2Gh2icap**

Description: Total capital income.

Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Variables used:
we207, we208, we209, we215, we315, we316, we305, we305_u1, hw107, as110, as115

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**G2Gh2ifcap**

Description: Imputation flag for total capital income.

Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Response options:
1 = Continuous value
2 = Closed range bracket
3= Open range bracket
5 = No value/bracket
6 = No income
7 = Don’t know

Variables used:
we207, we208, we209, we215, we315, we316, we305, we305_u1, hw107, as110, as115
**G2Gr2ipubpen**
Description: Respondent’s public pensions.
Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Variables used:
si303, si305, si307, si309, si311, si315, si317

**G2Gr2ifpubpen**
Description: Imputation flag for respondent’s public pensions.
Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Response options:
1 = Continuous value
2 = Closed range bracket
3 = Open range bracket
5 = No value/bracket
6 = No income
7 = Don’t know

Variables used:
si303, si305, si307, si309, si311, si315, si317
**G2Gs2ipubpen**
Description: Spouse’s public pensions.
Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging ([www.g2aging.org/](http://www.g2aging.org/))

Variables used:
- si303, si305, si307, si309, si311, si315, si317

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**G2Gs2ipubpen**
Description: Imputation flag for spouse’s public pensions.
Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging ([www.g2aging.org/](http://www.g2aging.org/))

Response options:
1 = Continuous value
2 = Closed range bracket
3 = Open range bracket
5 = No value/bracket
6 = No income
7 = Don’t know

Variables used:
- si303, si305, si307, si309, si311, si315, si317
**G2Gh2itot**
Description: Total couple level income.

Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org)

Variables used:
we114, we130, we131, we207, we208, we209, we215, we315, we305, we305_u1, hw107, as110, as115, si109, si207, si112, si210, si402, si303, si305, si307, si309, si311, si315, si317, we314, we313, si329, si327, si325, si325e, si325d, si325b, si323, si321, si319, si313

**G2Gh2iftot**
Description: Imputation flag for total couple level income.

Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org)

Response options:
1 = Continuous value
2 = Closed range bracket
3= Open range bracket
5 = No value/bracket
6 = No income
7 = Don’t know

Variables used:
we130, we146, we147, we148, we207, we208, we215, we315, we305, hw107, as110, as102, as105, as115, si109, si207, si112, si210, si402, si303, si305, si307, si309, si311, si315, si317, we314, we313, si329, si327, si325, si325e, si325d, si325b, si323, si321, si319, si313

**Social Participation**

**SOCpaliveW2**
Description: Indicates whether or not respondent has any living parents

Response Options
0 = None
1 = One Parent Alive
2 = Both

Variables used
tp001, tp007

SOCsocParticip
Description: Indicator of whether or not respondents are in social groups

Response Options
0 = No
1 = Yes

Variables used
cn001

SOCChurch
Description: Whether or not a respondent attends religious services

Response Options
0 = No
1 = Yes

Variables used
dm021

SOCClubs
Description: Whether or not a respondent is involved in an organisation other than a Church

Response Option
0 = No
1 = Yes
Variables used

**cn001**

**SOCrelFriends**
Description: Count of close relatives or friends

Variables used

*cn002, cn003, cn004*

**SOCcloseTies**
Description: Whether respondent has at least 2 close friends or relatives

Response Options

0 = No
1 = Yes

Variables used

*cn002, cn003, cn004*

**SOCsocnet**
Description: Social Connectedness Score

Variables U Sed

*cn001, cn002, cn003, cn004, cn006, dm021*