TILDA 10th Anniversary Celebration
Recognising Participants & Showcasing Achievements

8 September 2016
Welcome Message

The Irish Longitudinal Study on Ageing (TILDA) is a large-scale nationally representative study of 8,504 people aged 50 and over. It is the most ambitious study on ageing ever carried out in Ireland. By establishing a comprehensive and accurate picture of the ageing process, TILDA serves as the foundation on which to plan and assess health, economic and social policies.

A longitudinal study gathers repeated observations on the same individuals over long periods of time. This allows researchers to identify developmental trends across the life span of citizens. This evidence then informs health and social care systems, while also illustrating the consequences of policy changes. In order to understand how to target prevention campaigns or develop the most effective technologies, the ageing process must first be understood.

Today, we celebrate TILDA’s first 10 years with some of our participants and highlight the study’s impact to date. Thank you to Trinity Foundation for hosting this celebratory event. Most importantly, I want to extend my thanks to you, TILDA’s participants, for teaching us so much and for providing this legacy to future generations. On behalf of the TILDA team, thank you for your continued support.

Professor Rose Anne Kenny
Principal Investigator
TILDA
**Agenda**

**11am** Opening
Trinity College Chapel Choir

**Welcome**
Professor Rose Anne Kenny, Principal Investigator, TILDA

**Celebrating TILDA**
Dr Patrick Prendergast, Provost, Trinity College Dublin

**Opening Address**
Helen McEntee, TD, Minister of State for Mental Health and Older People, Department of Health

**TILDA Participant: My Experience**
Ms. Sattie Sharkey

**TILDA Interviewer: My Experience**
Ms. Mary Whitely

**TILDA: Key Findings & Impact**
Professor Rose Anne Kenny

**TILDA: Happy Anniversary Videos**
Other Longitudinal Studies

**Evidence-Informed Policy Making**
Dr Colm O’Reardon, Deputy Secretary for Strategy and Policy, Department of Health

**Advancing Engaged Research**
Dr Graham Love, Chief Executive, Health Research Board

**TILDA: Next Steps**
Professor Rose Anne Kenny

**1pm** Lunch
TILDA’s Impact

• There are 8,504 participants in the study, representing 1 in every 156 people aged 50+ in Ireland.

• TILDA has more than 140 million data points in its data set.

• TILDA has published 108 peer-reviewed journal articles and 23 topic reports in 26 subject areas.

• TILDA has provided the evidence-base for 52 policy and strategy documents in Ireland.

• TILDA is harmonised to 13 international longitudinal studies on ageing.

• TILDA research has been cited by 160 institutions in 48 countries.

• The TILDA Team has trained 28 PhDs and Post-Doctoral Researchers, 140 Field Workers, and 25 Research Nurses.

• TILDA takes part in 45 national research collaborations and 25 international research collaborations.

• More than 100 media outlets from around the world have reported on TILDA findings.